

## **85168.3 Manual Restraint or Seclusion Review**

### **(a)**

The Licensee shall ensure that a debriefing occurs in accordance with Section 1180.5(b) of the Health and Safety Code.

### **(b)**

The debriefing required by Section 85168.3(a) shall include: (1) An evaluation of whether the emergency intervention action taken by the staff was consistent with the facility Emergency Intervention Plan, Individual Emergency Intervention Plan, facility policies and training. (A) If the use of any de-escalation technique causes an escalation of the client's behavior, the use of the technique shall be evaluated for effectiveness. De-escalation techniques that are ineffective or counter-productive shall be discontinued. (2) An evaluation of whether the manual restraint or seclusion was utilized only after less restrictive techniques were utilized and proven unsuccessful. (3) Identification of the factors that may have contributed to the incident and any alternate methods of helping the client avoid or cope with these factors. (4) An evaluation of whether the client was in a manual restraint and/or seclusion for the least amount of time necessary. (5) A discussion of circumstances and strategies for preventing future incidents.

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**(2)**

An evaluation of whether the manual restraint or seclusion was utilized only after less restrictive techniques were utilized and proven unsuccessful.

**(3)**

Identification of the factors that may have contributed to the incident and any alternate methods of helping the client avoid or cope with these factors.

**(4)**

An evaluation of whether the client was in a manual restraint and/or seclusion for the least amount of time necessary.

**(5)**

A discussion of circumstances and strategies for preventing future incidents.

**(c)**

Documentation of the debriefing meeting in the client's record shall include the findings of the review, any modifications to the client's Needs and Services Plan, and any refusal by the client to participate in the review.